



DO YOU HAVE TROUBLE BREATHING? DOES SOMEONE YOU KNOW HAVE ASTHMA?

Did you know...

- Young children and the elderly suffer more from the effects of air pollution, including irritation to the eyes, nose and throat, bronchitis, pneumonia, chronic respiratory disease, and lung cancer
- 16.4 million Americans have asthma
- 9.3% of Hispanic children suffer from asthma
- Air pollution related problems can be managed!

You may be exposed to too much air pollution!



You can manage your asthma!

Come to a community meeting to learn how you can minimize exposure to air pollution and manage your symptoms!

Date:
Time:
Place:



Contact the Cambodian Association of America's Air Pollution Mitigation and Education Program
2390 Pacific Ave., Long Beach, CA 90806
562-988-1863

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